



# Chronic Diseases and Healthy Ageing (CD-HA) Workshop

Addressing chronic diseases and healthy ageing issues  
in 8 countries: BE, F, DE, IE, NL, UK, LU, ES

**NH Den Haag Hotel, The Hague, The Netherlands**

*12 – 13 February 2015*



Ministry of Health,  
Welfare and Sport



Netherlands Enterprise Agency

## **DRAFT AGENDA**

### **Building evidence: Eight countries confront chronic diseases and healthy ageing**

**Chair:** Marja Esveld, Ministry of Health of The Netherlands; **Rapporteur:** Nick Batey

#### **Day 1: 12 February 2015**

09:00 – 10:00	<b>Registration</b>
10:00 – 10:30	<b>Opening Session</b> Marja Esveld, Ministry of Health of The Netherland Michael Huebel, DG SANTE Jorge Antunes, DG SANTE Anne-Marie Yazbeck, Chafea
10:30 – 11:30	<b>Plenary:</b> <ul style="list-style-type: none"> <li>• EU actions on chronic diseases – the policy context – Michael Huebel, DG SANTE</li> <li>• EU actions on healthy ageing – the policy context – Jorge Antunes, DG SANTE</li> <li>• Do EU financial support programmes bring added value in addressing chronic diseases? – NN, JA Chrodís (TBC)</li> </ul>
11:30 – 12:30	<b>Session 1: Perspectives on the prevention of chronic diseases, health promotion and ageing</b>

	<p><b>Moderator:</b> Thomas Kunkel, BZgA (DE), JA Chrodis</p> <ul style="list-style-type: none"> <li>• Effective prevention framework and management of chronic diseases – Piotr Sakowski, IMP (PL), e-capacit8</li> <li>• Working force and chronic diseases – Nettie Van Der Auwera, Prevent (BE), PHWork</li> <li>• How to prepare for retirement age – Maartje Harbers, RIVM (NL)</li> <li>• Physical activity and healthy lifestyles as the ultimate answer to healthy ageing and chronic diseases prevention: the road from science to practice – Erwin Tak, TNO (NL), EUNAAPA</li> </ul>
12:30 – 13:30	<b>Lunch break</b>
13:30 – 15:00	<p><b>Session 2: Healthy ageing fostering innovation in health and care</b></p> <p><b>Moderator:</b> Jorge Antunes, DG SANTE</p> <ul style="list-style-type: none"> <li>• Risk stratification – a driver for improving management of frail elderly people – Joanna Mora, KRONIKGUNE (ES), ASSEHS</li> <li>• Risk factors and determinants - rebalancing prevention and treatment – Leocadio Rodriguez Mañas, FIB-HUG (ES), FrailClinic</li> <li>• Integrating health in urban setting – Hein Raat, ERASMUS MC (NL), Urban Health Centres 2.0</li> <li>• Empowering Older People – Marta Ballester, FAD (ES), EMPATHIE</li> </ul>
15:00 – 15:30	<b>Coffee break</b>
15:30 – 17:00	<p><b>Panel 1: Prevention of chronic diseases across the lifecycle</b></p> <p><b>Moderator:</b> Jantine Schuit, RIVM</p> <p><b>Panelists:</b>  Karim Abu-Omar, ISS (DE), Paseo (TBC)  Jelka Zaletel, NIPH (SI), JA Chrodis  Marina Senten, EuroHeartII  Stanisława Golinowska, JUMC (PL), ProHealth65+  Emanuele Scafato, ISS (IT), VINTAGE  Pepijn Vemer, UMCG (NL), ECONDA  Piotr Sakowski, IMP (PL), e-capacit8</p>
18:15 – 19:30	<b>Reception</b> with all workshop participants – walking buffet dinner

## Day 2: 13 February 2015

09:30 – 10:30	<p><b>Session 3: Chronic diseases management</b></p> <p><b>Moderator:</b> Caroline Baan, RIVM</p> <ul style="list-style-type: none"> <li>• Integrated care for people with multimorbidity – Mieke Rijken, NIVEL (NL), ICARE4EU</li> <li>• Multimorbidity and multidisciplinary – Graziano Onder, UNICATT (IT), JA Chrodis</li> <li>• ACT: Assessment of telehealth and care coordination solutions – Cristina Bescos, PHILIPS (ES), ACT</li> <li>• Developing integrated solutions to address healthy ageing and chronic diseases – Dimitrios Kakoulis, BUK (DE), MANAGE Care (TBC)</li> </ul>
10:30 – 11:00	<p><b>Coffee break</b></p>
11:00 – 12:30	<p><b>Session 4: Cost-effectiveness of health interventions</b></p> <p><b>Moderator:</b> Pepijn Vemer, EConDA</p> <ul style="list-style-type: none"> <li>• Economic aspects of chronic diseases prevention and management – Laura Webber, UK Health Forum (UK), EConDA</li> <li>• More efficient healthcare delivery better quality of care – Jaume Marrugat, IMIM (ES), EUROTRACS</li> <li>• Cost-effectiveness of health interventions in older individuals with multimorbidity and polypharmacy – Paul de Vreede, EMC (NL), MPI_AGE (TBC)</li> <li>• Use of economic evaluation in health system planning, NN, WHO – RAHEE (TBC)</li> <li>• iNCD - Integrated surveillance of non-communicable diseases, WHO Euro (TBC)</li> </ul>
12:30 – 13:30	<p><b>Lunch break</b></p>
13:30 – 15:00	<p><b>Panel 2: So what to do on the EU level?</b></p> <p><b>Moderator:</b> Teresa Chavarría Giménez, ISCIII (ES), JA Chrodis and Ingrid Stegeman, EuroHealthNet (BE), JA Chrodis</p> <p><b>Panelists:</b>  Karim Saad, NHS (UK), JA ALCOVE (TBC)  Joanna Mora, Prevent (BE), ASSEHS  Enrique Bernal, IACS (ES), JA Chrodis  Jaume Marrugat, IMIM (ES), EUROTRACS  Katariina Felixson, TURKUAMK (FI), HASIC  Paul de Vreede, EMC (NL), MPI_AGE (TBC)</p> <p><b>Workshop recommendations and conclusions by the Chair</b></p>

## BACKGROUND

Chafea carries out a series of activities to widely disseminate results of the second EU Health Programme at EU, national and regional, as well as local, levels.

As part of the dissemination strategy, Chafea collaborates with the National Focal Points (NFPs) to organize events that are then hosted by different EU countries.

In collaboration with Chafea and DG SANTE, one of the workshops is the Chronic Diseases and Healthy Ageing (CD-HA) Workshop to be hosted by the Netherlands. It will involve speakers and experts from Belgium, France, Germany, Ireland, Luxembourg, Spain, the Netherlands and the United Kingdom and other EU countries.

Public health actions under the second Health Programme explore the status of EU, national and regional policies and activities and the interaction of authorities, patient organisations, the medical and social sector, industry and international organisations and their potential in better addressing specific major chronic diseases and healthy ageing across the lifecycle.

The target audience are experts on chronic diseases and healthy ageing, policy-makers, and health professionals.

## Objectives

The Chronic Diseases and Healthy Ageing Workshop aims to **share the knowledge acquired through the Chronic Diseases and Healthy Ageing actions funded under the second Health Programme 2008-2013**, and at same time to demonstrate how their results can be used to improve EU countries capacities to respond to the challenges of chronic diseases and healthy ageing.

Over 10 actions (public health projects and joint actions) of the second EU Health Programme are invited to present their results through panel discussions and in line with the EU-wide understanding of chronic diseases and healthy ageing.

The Workshop on CD-HA will seek to show how the outcomes of the projects can be used to build the evidence base on improving quality of life, improving efficiencies and resources management in our health systems.

The Workshop on CD-HA will explore where specific action in relevant areas helped to respond to the burden of chronic diseases and healthy ageing, namely, where the EU added value of implementing the EU Health Programme was most beneficial.

The Workshop on CD-HA together with policymakers, stakeholders and interest groups is to explore as to how the EU Health Programme tackled chronic diseases and health ageing effectively in the EU and to develop future recommendations within the following lines:

- 1) How did the projects of the second Health Programme provide most added value – in economic, social and political terms in the field of chronic diseases and healthy ageing?
- 2) How can the results and outcomes of the projects be used and re-invested in the most efficient way on the national and regional levels?

- 3) On the basis of the projects which prevention measures are the most cost-effective in the short and in the long term, and how could they be implemented EU-wide? How could the EU and its Member States promote their implementation? Which risk factors need to be addresses more efficiently?
- 4) How do the public health projects funded by the EU help tackle the burden of chronic diseases?
- 5) How can health and care systems take up the results of the public health projects to the ageing challenge and growing phenomena of frailty and multi-morbidity and chronic diseases in general?
- 6) How could the European Union support Member States' attempts towards ensuring the sustainability of achievements and implementation of good practice in the management of chronic diseases, prevention and healthy ageing? How the actions knowledge, deliverables (tools, training programmes) can become permanent, available to support the MS policies and improve their capacities on chronic diseases and healthy ageing?
- 7) What are the main messages of public health projects that can be taken further up onto health policy levels?

Within the individual sessions and panels, the objectives are to extract key points in terms of future challenges and recommendations for EU-wide debate and policy development and develop a set of key conclusions on whether and how the EU could further bring added value towards a more effective response to the chronic disease burden and improved healthy ageing.

**List of actions in the field of chronic diseases and healthy ageing under the 2<sup>nd</sup> EU health programme (2008 – 2013):**

<b>Actions:</b>	<b>Speakers:</b>	<b>E-mail:</b>
ACT: Advancing Care coordination & TeleHealth Deployment Programme <a href="http://www.act-programme.eu/">http://www.act-programme.eu/</a>	Cristina Bescos	<a href="mailto:Cristina.bescos@philips.com">Cristina.bescos@philips.com</a>
ALCOVE JA: Joint Action -ALzheimer COoperative Valuation in Europe <a href="http://www.alcove-project.eu/">http://www.alcove-project.eu/</a>	Karim Saad	<a href="mailto:karim.saad@westmidlands.nhs.uk">karim.saad@westmidlands.nhs.uk</a>
ASSEHS: Activation of Stratification Strategies and Results of the interventions on frail patients of Healthcare Services <a href="http://assehs.eu/">http://assehs.eu/</a>	Joanna Mora	<a href="mailto:jmora@kronikgune.org">jmora@kronikgune.org</a>
CHRODIS-JA: Joint Action addressing chronic diseases and promoting healthy ageing across the life cycle <a href="http://www.chrodis.eu/">http://www.chrodis.eu/</a>	Teresa Chavarría Giménez Enrique Bernal-Delgado Thomas Kunkel Jelka Zaletel	<a href="mailto:tchavarría@isciii.es">tchavarría@isciii.es</a> <a href="mailto:ebernal.iacs@aragon.es">ebernal.iacs@aragon.es</a> <a href="mailto:Thomas.kunkel@bzga.de">Thomas.kunkel@bzga.de</a> <a href="mailto:jelka.zaletel@nijz.si">jelka.zaletel@nijz.si</a>

	Ingrid Stegeman Graziano Onder	<a href="mailto:I.Stegeman@eurohealthnet.eu">I.Stegeman@eurohealthnet.eu</a> <a href="mailto:graziano.onder@rm.unictt.it">graziano.onder@rm.unictt.it</a>
e-capacit8: Strengthening occupational health professionals' capacities to improve the health of the ageing workforces <a href="http://e-capacit8.eu/">http://e-capacit8.eu/</a>	Piotr Sakowski	<a href="mailto:psak@imp.lodz.pl">psak@imp.lodz.pl</a>
ECONDA: Economics of Chronic Diseases <a href="http://www.econdaproject.eu/">http://www.econdaproject.eu/</a>	Laura Webber	<a href="mailto:Laura.Webber@ukhealthforum.org.uk">Laura.Webber@ukhealthforum.org.uk</a>
EMPATHiE: Empowering patients in the management of chronic diseases	Marta Ballester	<a href="mailto:mballester@fadq.org">mballester@fadq.org</a>
EUNAAPA: European Network for Action on Ageing and Physical Activity <a href="http://www.eunaapa.org/">http://www.eunaapa.org/</a>	Erwin Tak	<a href="mailto:erwin.tak@tno.nl">erwin.tak@tno.nl</a>
EuroHeart II: European Heart Health Strategy II, <a href="http://www.ehnheart.org/euroheart-ii.html">http://www.ehnheart.org/euroheart-ii.html</a>	Marina Senten	<a href="mailto:M.Senten@Hartstichting.nl">M.Senten@Hartstichting.nl</a>
Europeans of retirement age: chronic diseases and economic activity report <a href="http://ec.europa.eu/health/major_chronic_diseases/docs/rivm_report_retirement_en.pdf">http://ec.europa.eu/health/major_chronic_diseases/docs/rivm_report_retirement_en.pdf</a>	Maartje Harbers	<a href="mailto:maartje.harbers@rivm.nl">maartje.harbers@rivm.nl</a>
EUROTRACS: EUROpean Treatment & Reduction of Acute Coronary Syndromes cost analysis <a href="http://www.eurotracs-project.eu/">http://www.eurotracs-project.eu/</a>	Jaume Marrugat	<a href="mailto:jaume@imim.es">jaume@imim.es</a>
FrailClinic: Feasibility and effectiveness of programs designed to detect and manage frail older patients in different clinical settings <a href="http://www.frailclinic.eu/">http://www.frailclinic.eu/</a>	Leocadio Rodriguez Mañas	<a href="mailto:leocadio.rodriguez@salud.madrid.org">leocadio.rodriguez@salud.madrid.org</a>
HASIC: Healthy Ageing Supported by Internet and the Community <a href="http://www.hasicproject.eu/">http://www.hasicproject.eu/</a>	Katariina Felixson	<a href="mailto:esko.ovaska@turkuamk.fi">esko.ovaska@turkuamk.fi</a>
ICARE4U: Innovating care for people with multiple chronic conditions in Europe <a href="http://www.icare4-eu.org/">http://www.icare4-eu.org/</a>	Mieke Rijken	<a href="mailto:M.Rijken@nivel.nl">M.Rijken@nivel.nl</a>
Integrated surveillance of non-communicable diseases – iNCD (Direct Grant Agreement)	NN	NN
MANAGE Care : Active Ageing with Type 2 Diabetes as Model for the Development and Implementation of Innovative Chronic Care Management in Europe <a href="http://www.manage-care.eu/">http://www.manage-care.eu/</a>	Dimitrios Kakoulis	<a href="mailto:dk@buk-consulting.de">dk@buk-consulting.de</a>
MPI_AGE: Using Multidimensional Prognostic Indices(MPI)to improve cost-effectiveness of interventions in multimorbid frail older persons	Paul de Vreede	<a href="mailto:p.devreede@erasmusmc.nl">p.devreede@erasmusmc.nl</a>

<a href="http://www.mpiage.eu">http://www.mpiage.eu</a>		
PASEO: Building Policy Capacities for Health Promotion through Physical Activity among Sedentary Older People	Karim Abu-Omar	<a href="mailto:Karim.Abu-omar@sport.uni-erlangen.de">Karim.Abu-omar@sport.uni-erlangen.de</a>
PHWork: Promoting Healthy Work for Employees with Chronic Illness – Public Health and Work <a href="http://www.enwhp.org/enwhp-initiatives/9th-initiative-ph-work.html">http://www.enwhp.org/enwhp-initiatives/9th-initiative-ph-work.html</a>	Nettie Van der Auwera	<a href="mailto:nettie.vanderauwera@prevent.be">nettie.vanderauwera@prevent.be</a>
ProHealth65: Health promotion and prevention of risk– action for seniors <a href="http://www.cm-uj.krakow.pl">http://www.cm-uj.krakow.pl</a>	Stella Golinowska	<a href="mailto:stellag@onet.pl">stellag@onet.pl</a>
RAHEE - Research Agenda for Health Economic Evaluation project <a href="http://www.euro.who.int/en/about-us/organization/office-locations/who-representation-to-the-european-union,-brussels,-belgium/research-agenda-for-health-economic-evaluation-rahee-project">http://www.euro.who.int/en/about-us/organization/office-locations/who-representation-to-the-european-union,-brussels,-belgium/research-agenda-for-health-economic-evaluation-rahee-project</a>	NN	NN
Urban Health Centres 2.0: Integrated health and social care pathways, early detection of frailty, management of polypharmacy and prevention of falls for active and healthy ageing in European cities <a href="http://uhce.eu/">http://uhce.eu/</a>	Hein Raat	<a href="mailto:info@uhce.eu">info@uhce.eu</a> <a href="mailto:h.raat@erasmusmc.nl">h.raat@erasmusmc.nl</a>
VINTAGE: Good health into older age <a href="http://www.epicentro.iss.it/vintage/">http://www.epicentro.iss.it/vintage/</a>	Emanuele Scafato	<a href="mailto:emanuele.scafato@iss.it">emanuele.scafato@iss.it</a>

Related websites:

- Chronic Diseases Summit (3-4 April 2014) :  
[http://ec.europa.eu/health/major\\_chronic\\_diseases/events/ev\\_20140403\\_en.htm](http://ec.europa.eu/health/major_chronic_diseases/events/ev_20140403_en.htm)
- The reflection process on chronic diseases:  
[http://ec.europa.eu/health/major\\_chronic\\_diseases/reflection\\_process/index\\_en.htm](http://ec.europa.eu/health/major_chronic_diseases/reflection_process/index_en.htm)
- Chafea Infosheet on Chronic Diseases:  
[http://ec.europa.eu/chafea/documents/health/leaflet/2014\\_chronic\\_diseases\\_informationsheet\\_en.pdf](http://ec.europa.eu/chafea/documents/health/leaflet/2014_chronic_diseases_informationsheet_en.pdf)
- European Innovation Partnership on Active and Healthy Ageing (EIP on AHA):  
[http://ec.europa.eu/health/ageing/innovation/index\\_en.htm](http://ec.europa.eu/health/ageing/innovation/index_en.htm)
- Chafea Infosheet on Healthy Ageing: *Under preparation*
- Consumers, Health, Agriculture and Food Executive Agency – Chafea:  
<http://ec.europa.eu/chafea/>
- DG Sante:  
[http://ec.europa.eu/dgs/health\\_food-safety/index\\_en.htm](http://ec.europa.eu/dgs/health_food-safety/index_en.htm)